



Play recipe

Construction materials

Simply take ...

- Duplo
- Sticklebricks
- Wood blocks
- Nesting cups
- Natural objects like sticks and stones
- Cardboard boxes, tubes and masking tape (easier to use than Sellotape)

1. Watch what your child is doing and make a similar model.
2. Add model people, cars, animals etc. to the models.
3. If possible, when your child moves to another activity, leave the model so they can play with it later.
4. Give them time and opportunity to make their model - it can take a lot of concentration!

Why play with construction materials?

- Playing with construction materials will give your child the opportunity for creativity and to use their imagination.
- It can also help them to develop control of the muscles of their hands and arms.
- They can learn about size, colour, shape and balance.

Have fun playing together

- Once the model is made, tell very simple stories about it.
- If your child comments on what they are making, respond with a simple, appropriate sentence.
- If they are not concentrating too deeply on making the model, ask for suggestions about what it can do.

Watch out for ...

- Always keep a careful eye on your child.
- Create a safe place for your child to play (check regularly for broken toys and sharp edges).
- Watch out for small objects that can be swallowed.